

CABINET 16 JUNE 2016

SCRUTINY REPORT: INCREASING PHYSICAL ACTIVITY

Relevant Cabinet Members

Mr M L Bayliss Mr S E Geraghty Mr M J Hart Mr J H Smith

Relevant Officer

Interim Director of Public Health,

Recommendation

- 1. The Leader of the Council and Cabinet Members with Responsibility for Health and Well-Being, Transformation and Commissioning and Highways recommend that the Cabinet:
 - (a) receives the Scrutiny Report on Increasing Physical Activity in Worcestershire, together with the response from the Leader of the Council and the Cabinet Members with Responsibility for Health and Well-Being, Transformation and Commissioning and Highways; and
 - (b) notes the Scrutiny Report's findings and recommendation and adopts the response of the Cabinet Members with Responsibility as the way forward.

Background

2. In February 2015, the Overview and Scrutiny Performance Board (OSPB) discussed the Worcestershire Public Health Annual Report 2014. A main theme of the annual report was how to increase opportunities for participation in physical activity. The County Council was keen to ensure that opportunities to access sport and physical activity were available to all, and scrutiny members were also interested to find out what impact the 2012 Olympics had had on participation rates.

3. Therefore, in April 2015, the OSPB added Increasing Physical Activity to the proposed 2015 scrutiny work programme, this was subsequently approved by Council in May 2015. OSPB approved the scrutiny proposal form that detailed the terms of reference and methodology for the review at its meeting on the 8 June 2015.

Terms of Reference

4. The Terms of Reference for the scrutiny exercise were to examine and make recommendations on:

a. Current physical activity rates in Worcestershire;

- b. What is the County Council's role in promoting physical activity?
- c. How is the County Council working with partners to enable more people to take part in physical activity and sport?
- d. What can the County Council do to help increase physical activity rates in order to meet the Chief Medical Officer recommendations of 30 minutes a day, 5 days a week?

Overview and Scrutiny Performance Board (OSPB)

5. The OSPB considered the Scrutiny Report on 25 May 2016. At that meeting they requested that the Chairman and Vice-Chairman of OSPB make a number of factual changes to the report and add an additional recommendation, that additional recommendation being Recommendation 5 - The Public Health Team should facilitate regular partnership meetings to share best practice, case studies and ideas from across the County, linking this with the Action Plan for Physical Activity.

Response of the Cabinet Members

6. The scrutiny process provides for the relevant Cabinet Members with Responsibility to submit to the Cabinet a response to the Scrutiny Report's findings and recommendation to be considered alongside the Scrutiny Report.

7. The response from the Cabinet Member with Responsibility for Health and Well-Being on behalf of the Cabinet is attached as Appendix 2.

Supporting Information

- Appendix 1- Scrutiny Report Increasing Physical Activity in Worcestershire
- Appendix 2 Response from the Cabinet Member with Responsibility for Health and Well-Being on behalf of the Cabinet

Contact Points

<u>County Council Contact Points</u> County Council: 01905 763763 Worcestershire Hub: 01905 765765 Email: worcestershirehub@worcestershire.gov.uk

<u>Specific Contact Points for this report</u> Alyson Grice and Samantha Morris, Overview and Scrutiny Officers, 01905 844962/844963, <u>scrutiny@worcestershire.gov.uk</u>

Background Papers

In the opinion of the proper officer (in this case the Head of Legal and Democratic Services) the following are the background papers relating to the subject matter of this report:

- Agenda and minutes of the OSPB meetings on 26 February 2015, 23 April 2015, 8 June 2015 and 25 May 2016.
- All agendas and minutes are available on the Council's website here.